



33rd Annual McMURRY 5000 HOMECOMING ROAD RACE

Saturday, Oct. 16, 2010 • 8 a.m.
(Check-in is 6:45 to 7:30 a.m.)

THE COURSE: 5000 meters (3.1 miles) through the streets south of the McMurry University campus, South 14th and Sayles Blvd. The course is flat and fast, and will begin and end on the track in Wilford Moore Stadium.

COURSE RECORDS:

New Route:	Historic Records:
Men: Todd Neer, 2009, 16:20	Men: Jose Muniz, 1998, 15:03
Women: Lindsey Hinton, 2009, 19:49	Women: Josephine Chepkoech, 1997, 18:28

AWARDS & T-SHIRTS: Long sleeve t-shirts will be awarded to the first 100 entrants only. Size preference is based on arrival of registration. Awards will be given to the first three men and first three women overall. Special gifts will be awarded to the first and second place finishers in each age group, and ribbons will be awarded to the third, fourth, fifth and sixth place finishers in each age group.

REGISTRATION: Runners are encouraged to enter early and may register by mail if postmarked by **Monday, October 11**. Runners also may register in person at the Hunt P.E. Center, room 203, between the hours of 9 a.m. to 3 p.m., through **Wednesday, October 13**. See below for online credit card registration. Check-in and late registration will be in **Room 200, Hunt P.E. Center, from 6:45 to 7:30 a.m., October 16**.

ENTRY FEE:

- The pre-race registration fee is \$18.
- Race day registration will be \$25.
- Special rates available for school groups.

AGE DIVISIONS:	MEN:	30-39	WOMEN:	30-39
		9 & Under		9 & Under
		40-49		40-49
		10-14		50-59
		15-19		60-69
	20-29	70 +	20-29	70 +

Note: For safety reasons, **no bicycles, in-line skates or pets** will be allowed.

Sponsored by the McMurry University Kinesiology Students.

NAME _____	MAIL TO:
ADDRESS _____	Dr. Pug Parris
CITY _____ STATE _____ ZIP _____	McMurry 5000
PHONE _____	McMurry Station Box 188
AGE _____ SEX _____	Abilene, Texas 79697
E-MAIL _____	ALL RUNNERS PLEASE READ AND SIGN
Make Check payable to: McMurry University	*I, _____
T-SHIRT SIZE (Circle One and Size) YOUTH or ADULT	accept all responsibility for any injuries incurred during the
SMALL MEDIUM LARGE X-LARGE	course of this event and absolve all those associated with
	the race from responsibility for any consequence of my
	entry. *Parent signature if minor is under 18.

If paying by credit card, please pay online as instructed. Deadline is Sunday, Oct. 10

- Go to mcm.edu and click on Current Students and scroll down and link on Online Payment Options. Click Pay in Full.
- On left, make sure screen says "McMurry University." On right, click on McMurry University-App Fees/Deposits/Other Pmts"
- On bottom choose method of pmt by CC or bank draft and click continue.
- Complete information at top of page. For SSN please enter your phone number. Scroll down and check "Homecoming Road Race."
- Complete information to bottom of screen. Contine to final screen and please remember to complete your confirmation.

Email Dr. Pug Parris at parrisp@mcmurry.adm.mcm.edu with t-shirt size (Youth S-M-L or Adult S-M-L-XL)

Call 325.793.4634 between 9 a.m. and 3 p.m. Monday-Thursday if there are any questions.