Staff

Erin McClure, M.Ed
Director of Wellness and Recreation, and Special Events
Mcclure.erin@mcm.edu

Maurice Simmons, M.Ed
Intramural Coordinator, and Sports Clubs
Simmons.maurice@mcm.edu

Most look up and admire the stars. A champion climbs a mountain and grabs one.
- Unknown

Student Officials Wanted!!

Asking for a few good Women and Men to officiate intramural sports
Flag football, volleyball, soccer, basketball, softball, and more.

No experience needed! Will train you! Socialize, make friends, have fun, and earn money!

For more information contact Maurice at ext 4849 or stop by the Wellness Center second of Hunt PE building.

---

McMurry University
Department of Wellness and Recreation

McMurry University
Department of Recreation and Wellness
McM Station Box 188
Abilene, Texas 79697
P:325-793-4849
f:325-793-4870

McMurry University Department of Wellness and Recreation

McM Station Box 188
Abilene, TX 79697
Phone: 325-793-4849
Fax: 325-793-4879
E-mail:
Wellness Center

Mission

Our aim is to give students and faculty/staff the opportunity to become fit physically and develop wellness by means of team and individual participation, fellowship, competition, and knowledge. We also provide students and faculty/staff with great facilities and knowledge of wellness that they can maintain throughout the rest of their lives.

Fall Schedule:
Monday and Wednesday: 12 noon-9pm
Tuesday and Thursday: 6:30am-8:30am
   12noon-9pm
Friday:           11:30am-4pm
Sunday:          5pm-9pm

Programs:
Fight the Fat:

Services

Diet Counseling
Body Composition Testing
Personal Training

Intramurals and Recreation
Intramurals Mission Statement

The philosophy of McMurry University Intramurals is to encourage participation through fun, social interaction, good competition and to develop personal skills and relationships that will continue after each individual leaves the McMurry community. Our ultimate goal is to create opportunities for students to participate in a wide range of activities.

Fall Sports
Flag football
Volleyball
3 on 3 Basketball

Fall Tournament
Co-Rec Flag football
Dodge Ball
Racquetball
Tennis
Vintages  Baseball

Special Events:
Playstation2 Tournament
Bocce
Cricket
2 Man Skills Drill

If there are any program or special events that you would like to see or start at McMurry, please feel free to e-mail any ideas or comments to: simmons.maurice@mcm.edu

Club Sports:

Sport Clubs are recognized student organizations that exist to promote and develop interests in a particular sport or physical activity. A club may be instructional, competitive, recreational, or may involve any combination of these. Sport Clubs are strictly voluntary. Involvement within will enhance the individual’s college experience and will contribute to the overall education of the participant.

Examples:
Softball
Volleyball
Bowling
Rugby
Handball

For more information e-mail Maurice Simmons at simmons.maurice@mcm.edu, or call ext 4849.